

# Week 1 Menu



Kept onsite if breastmilk or formula is not provided by guardian:  
Similac 360 Total Care Infant Formula

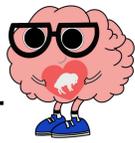
0-5 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>LUNCH</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>PM SNACK</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula

# Week 2 Menu

Kept onsite if breastmilk or formula is not provided by guardian:  
Similac 360 Total Care Infant Formula

0-5 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>LUNCH</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>PM SNACK</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula

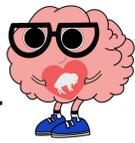
# Week 3 Menu



Kept onsite if breastmilk or formula is not provided by guardian:  
Similac 360 Total Care Infant Formula

0-5 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>LUNCH</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>PM SNACK</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula

# Week 4 Menu



Kept onsite if breastmilk or formula is not provided by guardian:  
Similac 360 Total Care Infant Formula

0-5 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>LUNCH</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula
<b>PM SNACK</b>	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula	4-6OZ Breastmilk or formula



# Week 1 Menu

6-12 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Breastmilk or formula AND infant cereal AND Pureed peaches	Breastmilk or formula AND Infant Cereal mashed banana	Breastmilk or formula AND scrambled egg AND Mashed Sweet Potato	Breastmilk or formula AND infant cereal AND Mashed Banana	Breastmilk or formula AND infant cereal AND Pureed peaches
<b>LUNCH</b>	Breastmilk or formula AND chopped chicken, AND pureed peas	Breastmilk or formula AND rice cereal, AND pureed blueberries	Breastmilk or formula AND chopped turkey, AND apple sauce	Breastmilk or formula AND rice Cereal, AND pureed peaches	Breastmilk or formula AND cottage cheese, AND pureed broccoli
<b>PM SNACK</b>	Breastmilk or formula AND teething biscuit AND broccoli	Breastmilk or formula AND mashed green beans AND brown rice	2-4OZ Breastmilk or formula AND 0-4OZ crackers AND banana	Breastmilk or formula AND puffed cereal AND apple sauce	Breastmilk or formula AND mashed blueberry AND Cherrios



# Week 2 Menu

6-11 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Breastmilk or formula AND scrambled eggs AND blueberries	Breastmilk or formula AND cut cheese AND mashed banana	Breastmilk or formula AND Strawberries AND plain yogurt	Breastmilk or formula AND scrambled eggs AND applesauce	Breastmilk or formula AND cottage cheese AND Pureed Peaches
<b>LUNCH</b>	Breastmilk or formula AND chopped turkey AND carrots	Breastmilk or formula AND ground beef AND blueberries	Breastmilk or formula AND chopped chicken AND mashed sweet potato	Breastmilk or formula AND rice Cereal AND shredded cheese	Breastmilk or formula AND chopped turkey AND mashed green beans
<b>PM SNACK</b>	Breastmilk or formula AND teething biscuit AND banana	Breastmilk or formula AND mashed blueberry AND brown rice	2-4OZ Breastmilk or formula AND crackers AND green beans	Breastmilk or formula AND seedless watermelon AND graham crackers	Breastmilk or formula AND chopped ham AND strawberries



# Week 3 Menu

6-11 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Breastmilk or formula AND infant cereal AND cooked peas	Breastmilk or formula AND yogurt AND mashed banana	Breastmilk or formula AND cottage cheese AND cooked green beans	Breastmilk or formula AND infant cereal AND soft peaches	Breastmilk or formula AND scrambled eggs AND apple puree
<b>LUNCH</b>	Breastmilk or formula AND chopped turkey AND soft peaches	Breastmilk or formula AND black beans AND cooked green beans	Breastmilk or formula AND ground turkey AND seedless watermelon	Breastmilk or formula AND scrambled eggs AND steamed broccoli	Breastmilk or formula AND ground chicken AND banana
<b>PM SNACK</b>	Breastmilk or formula AND teething biscuit AND sweet potato	Breastmilk or formula AND mashed broccoli AND brown rice	2-4OZ Breastmilk or formula AND rice cereal AND peas	Breastmilk or formula AND puffed cereal AND carrots	Breastmilk or formula AND mashed pureed peaches AND teething biscuit



# Week 4 Menu

6-11 Months	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Breastmilk or formula AND Yogurt AND Mashed avocado	Breastmilk or formula AND infant cereal AND mashed banana	Breastmilk or formula AND cottage cheese AND cooked carrots	Breastmilk or formula AND applesauce AND infant cereal	Breastmilk or formula AND scrambled eggs AND blueberries
<b>LUNCH</b>	Breastmilk or formula AND chopped chicken AND avocado	Breastmilk or formula AND cottage cheese AND green beans	Breastmilk or formula AND ground beef AND applesauce	Breastmilk or formula AND Chopped Turkey AND mashed peas	Breastmilk or formula AND mozzarella chesese AND carrots
<b>PM SNACK</b>	Breastmilk or formula AND seedless watermelon AND oatmeal	Breastmilk or formula AND mashed blueberry AND brown rice	Breastmilk or formula AND teething biscuit AND cooked green beans	Breastmilk or formula AND seedless watermelon AND English Muffin	Breastmilk or formula AND mashed avocado AND brown rice





One-year-old children are served whole milk. Children 2-12 are served 1% milk.

# Week 1 Menu

1-12 Years Old	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Milk, Blueberries, and Cheerios Cereal	Milk, half a banana, and Chex Cereal	Milk, peaches, and warm oats	Milk, strawberries, and pancakes	Milk, blueberries, and Cheerios Cereal
<b>LUNCH</b>	Milk, pancakes, sausage, Clementine, and peas	Milk, sliced turkey on a WGR roll, sliced grapes, and green beans	Milk, spaghetti, meatballs, steamed spinach, mixed berries	Milk, brown rice, ground chicken, sliced peaches, carrots and ranch	Milk, cheese quesadilla, roasted corn, slices strawberries, brown rice
<b>PM SNACK</b>	Graham cracker and strawberry	Ranch and pepper strips and cheese stick	Cheese stick and half banana	Cheeze it's and milk	Clementine and popcorn



One-year-old children are served whole milk. Children 2-12 are served 1% milk.

# Week 2 Menu

1-12 Years Old	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Milk, scrambled eggs, sliced grapes	Milk, kiwi, pancakes	Milk, Kix cereal, half a banana	Milk, apple slices, Chex Rice	Milk, cottage cheese, peaches
<b>LUNCH</b>	Milk, cheeseburger on a WGR bun, sweet potato fries, broccoli, fruit cocktail	Milk, Slide Turkey breaks with bacon on a wheat wrap, tater tots, vegetable medley, apple slices	Milk, Waffles, scrambled eggs, green beans, mixed berries	Milk, Beef goulash, garlic bread, snap peas, pineapple	Milk, chicken patty on a WGR bun, buttered egg noddle's, corn, pears
<b>PM SNACK</b>	Applesauce and milk	Milk and WGR Goldfish	Ritz crackers and Banana	Pretzels and Blueberries	Graham Cracker and Sunbutter



# Week 3 Menu

One-year-old children are served whole milk. Children 2-12 are served 1% milk.

1-12 Years Old	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Milk, waffle, apple	Milk, yogurt, peaches	Milk, Honey Bunches of Oats cereal, banana	Milk, sausage, WGR toast	Milk, blueberries, and Chex cereal
<b>LUNCH</b>	Milk, Chicken tenders, sweet potato tots, WGR brown rice, mandarin oranges	Milk, BBQ chicken wraps, mashed potato, steamed carrots, apples	Milk, Ground chicken taco salad, chips & salsa, WGR brown rice, pineapple	Milk, Chicken parm, penne pasta, peas, pears	Milk, chicken stir fry with brown rice, mixed vegetable, clementine
<b>PM SNACK</b>	Cheeze it's and apple juice	Popcorn and Milk	Cheese stick and Rit's Crackers	Tomatoes and mozzarella	Mixed fruit cup and milk



# Week 4 Menu

One-year-old children are served whole milk. Children 2-12 are served 1% milk.

1-12 Years Old	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Milk, hardboiled egg, pineapple	Milk, WGR toast, tangerines	Milk, blueberries, french toast	Milk, Whole Wheat Avacado Toast	Milk, Life Cereal, banana
<b>LUNCH</b>	Milk, Cheese quesadilla, brown rice, ranch with pepper strips, clementine	Milk, Egg Breakfast burrito, hash brown, corn, orange slices	Mac N Cheese, chicken nuggets, broccoli, peaches	Chicken Cesar wrap, sweet potato fries, snap peas, peaches	Ravioli w. Red Ground Beef Sauce, breadstick, mixed vegetable, watermelon
<b>PM SNACK</b>	Tonatoes and mozerella cheese	Smartfood Popcorn and milk	Rasins and Wheat Thins	Homemade Tortilla chips and salsa	Apples and milk